

2016 NC STATE GAC INVITE
Hosted by NC STATE
Hosted at Greensboro Aquatic Center (GAC)

DATES: November 17-19, 2016

LOCATION: Greensboro Aquatic Center, Greensboro, NC

INSTITUTIONS: NC STATE (Host)

Duke University (Men & Women)

Marshall University (Women)

Notre Dame University (Men & Women)

United States Air Force Academy (Men)

University of Miami (Women)

University of North Carolina – Chapel Hill (Men & Women)

University of Tennessee – Knoxville (Men & Women)

West Virginia University (Men & Women)

RULES: NCAA Rules and eligibility apply. All participants must be currently eligible according to the NCAA. Meet will be observed for USA Swimming purposes.

MEET CONTACT: Todd DeSorbo, Associate Head Coach
919-606-2052, tmdesorb@ncsu.edu

MEET REFEREE: Mike Hoffer, 919-614-1926, mike@carolinaclosetsplus.com

FACILITY: The GAC is an 8 lane, 50m pool. Competition will be run in 8 lanes with turns on bulkhead. Block Wedges and Backstroke wedges available, rjp for relays, Colorado timing. An additional 10 lanes will be available for continuous warm-up/warm-down. GAC also has a separate 25 yard wide, 17ft deep diving well for the Diving Competition.

FORMAT: Finals will run 5 heats (A-E) for the 50 Free, 4 heats (A-D) 100/200 events, 3 heats (A-C) 400/500 events. Relays will be run timed finals during final sessions with 2 heats of each relay, an "A" heat and "B" heat.

SCORING: The Meet will be scored to 32 Places (Relays Double)

Championship A Final: 32, 28, 27, 26, 25, 24, 23, 22

Consolation B Final: 20, 17, 16, 15, 14, 13, 12, 11

Bonus C Final: 9, 7, 6, 5, 4, 3, 2, 1

D/E Final: Non-Scoring

Finals will be swum in the following order E Final, D Final, C final, B final, and A final. (Not all events will have D/E finals)

- ENTRIES:** Must be submitted via Team Manager by Monday, November 14, 2016. Participants are limited to a maximum of nine (9) events of which there may be no more than four (4) individual events. Teams may each enter Two (2) relays per event. **All relays will be swum as timed finals with each team being represented in the A and B Final.** The 400 IM will be limited to the fastest 48 individuals and the 1650 freestyle limited to the fastest 40. **Please enter the 1650 with individual's season bests 1000 times.** Please submit entries to Sports Timing at http://sportstiming.com/event/ncsu-invite/?instance_id=38264 Diving will be sent out by Head Diving Coach Yahya Radman. He may be contacted at: yaradman@ncsu.edu
- ENTRY FEE:** There will be an entry fee of \$250 per team (\$500 per institution bringing both men and women) with a check payable to NC STATE Athletics.
- MEET TIMES:** Prelims begin at 9:30am, Finals begin at 5:30pm, Diving will be announced after entries are received.
- PROCEDURE:** A Scratch box will be provided and all scratches are due by 5:00pm the previous evening. Anyone wishing to scratch from the evening finals must adhere to the 30 minute scratch rule.

NC STATE GAC INVITE MEET SCHEDULE

Wednesday, November 16, 2016

Pool Open for Warm-up – 12-4pm and 7-8:30pm

Competition Days Daily Schedule

7:30am	Pool open for Warm-up
9:20am	Pool Cleared for Prelims
9:30am	Prelims Begin
4:00pm	Pool open for Warm-up
5:00pm	Scratches due for following day's events
5:20pm	Pool Cleared for Finals
5:30pm	Finals Begin

Thursday, November 17, 2016

<u>WOMEN'S EVENT #</u>	<u>EVENT</u>	<u>MEN'S EVENT #</u>
1	200 Freestyle Relay	2
3	500 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
9	Diving	10
	Women 3 Meter	
	Men 1 Meter	
11	400 Medley Relay	12

Friday, November 18, 2016

<u>WOMEN'S EVENT #</u>	<u>EVENT</u>	<u>MEN'S EVENT#</u>
13	200 Medley Relay	14
15	400 Individual Medley	16
17	100 Butterfly	18
19	200 Freestyle	20
21	100 Breaststroke	22
23	100 Backstroke	24
25	Diving	26
	Women 1 Meter	
	Men 3 Meter	
27	800 Freestyle Relay	28

Saturday, November 19, 2016

<u>WOMEN'S EVENT #</u>	<u>EVENT</u>	<u>MEN'S EVENT#</u>
29	1650 Freestyle	30
31	200 Backstroke	32
33	100 Freestyle	34
35	200 Breaststroke	36
37	200 Butterfly	38
39	10 Meter Diving	40
41	400 Freestyle Relay	42

****All relays will be swum as timed finals with each institution entering, at most, an "A" and a "B" relay for each of two heats, an "A" and "B" heat.**

The 1650 Freestyle will be swum slowest to fastest beginning at 2pm (subject to change based on psych sheet). We will alternate between Women and Men. All heats completed by 4:30pm with the top Women's and Men's heat being swum in the finals session. The 1650 Freestyle will be limited to the fastest 40 competitors of each gender.